

## Type One

<b>Basic Fear</b>	Fear of being bad, corrupt, evil, defective, wrong, inappropriate, unredeemable, or corruptible.
<b>Basic Desire</b>	To have integrity, be good, balanced, accurate, virtuous, and right.
<b>Core Vice</b>	Resentment—Repressing anger that leads to continual, frustration and dissatisfaction with yourself, others, and the world for not being perfect.
<b>Core Longing</b>	“You are good.”
<b>Unconscious Childhood Message</b>	"It's not ok to make mistakes"
<b>The Social Role</b>	The Teacher — “I know how things should be done.”
<b>Superego Message</b>	"You are good or okay if you do what is right."
<b>How They Manipulate Others</b>	By correcting others; by insisting that others share their standards.
<b>Spiritual Jump Starts</b>	Value-judging, condemning yourself and others.
<b>Wakeup Call</b>	Feeling a personal sense of obligation to fix everything yourself.
<b>Higher Expression of Your Being</b>	To live for a Higher Purpose - It is your true nature to be wise and discerning.
<b>Harmonic Pattern</b>	Competency Group: Repressed feelings are channeled into activity.
<b>Strategy for Getting Needs Met</b>	Compliant - Earns Autonomy - Needs to Be of Service
<b>Direction of Disintegration</b>	Methodical Ones suddenly become moody and irrational at Four.
<b>Direction of Integration</b>	Angry, critical Ones become more spontaneous and joyful like healthy Sevens

## Type Two

<b>Basic Fear</b>	Fear of being rejected and unwanted, being thought worthless, needy, inconsequential, dispensable, or unworthy of love.
<b>Basic Desire</b>	The desire to be loved, appreciated, and wanted.
<b>Core Vice</b>	Pride in one's own virtue. The unwillingness to acknowledge one's own suffering. Denying one's own needs and emotions while using their strong intuition to discover and focus on the emotions and needs of others, confidently inserting their helpful support in hopes that they will be appreciated.
<b>Core Longing</b>	"You are wanted and loved."
<b>Unconscious Childhood Message</b>	"It's not okay to have your own needs."
<b>The Social Role</b>	The Special Friend — "Isn't wonderful how close we are?"
<b>Superego Message</b>	"You are good or okay if you are loved by others and are close to them."
<b>How They Manipulate Others</b>	By finding out others' needs and desires — thus creating dependencies.
<b>Spiritual Jump Starts</b>	Pattern of giving your value away to others.
<b>Wakeup Call</b>	People pleasing - believing that they must go out to others to win them over.
<b>Higher Expression of Your Being</b>	To nurture yourself and others.
<b>Harmonic Pattern</b>	Positive Outlook Group: Deny that they have any problems
<b>Strategy for Getting Needs Met</b>	Compliant - Earns Attention - Needs to Be of Service
<b>Direction of Disintegration</b>	Needy Twos seventy become aggressive and dominating at Eight.
<b>Direction of Integration</b>	Prideful, self-deceptive Twos become more nurturing & emotionally aware, like healthy Fours.

## Type Three

<b>Basic Fear</b>	Fear of being worthless or without inherent value, being exposed as or thought incompetent, failing to be or appear successful.
<b>Basic Desire</b>	The desire to be valuable, admired, and to appear successful, having status and respect.
<b>Core Vice</b>	Deceit—Deceiving ourselves into believing that we are only the image we present to others; embellishing the truth by putting on a polished persona for everyone (including ourselves) to see and admire. Deceiving ourselves into believing we are only the ego self, forgetting our true nature.
<b>Core Longing</b>	“You are loved for simply being you.”
<b>Unconscious Childhood Message</b>	“It’s not okay to have your own feelings and identity.”
<b>The Social Role</b>	"The Best" - believe they must always be outstanding
<b>Superego Message</b>	"You are good or okay as long as you are successful and others think well of you."
<b>How They Manipulate Others</b>	By charming others -- by adopting whatever image will work
<b>Spiritual Jump Starts</b>	Trying to be other than you authentically are.
<b>Wakeup Call</b>	Beginning to drive themselves for status and attention
<b>Higher Expression of Your Being</b>	To develop yourself and set an example for others.
<b>Harmonic Pattern</b>	Competency Group: Repressed feelings are channeled into activity
<b>Strategy for Getting Needs Met</b>	Assertive - Demands Attention - Responds to stress by building up or inflating their ego
<b>Direction of Disintegration</b>	Driven Threes suddenly become disengaged and apathetic at Nine.
<b>Direction of Integration</b>	Vain, deceitful Threes become more cooperative and committed to others, like healthy Sixes.

## Type Four

<b>Basic Fear</b>	Fear of being without identity or personal significance; Fear of being inadequate, emotionally cut off, plain, mundane, defective, or flawed.
<b>Basic Desire</b>	The desire to be unique, special, and authentic; to be oneself.
<b>Core Vice</b>	Envy—Feeling that you’re tragically flawed, that something foundational is missing inside you, and others possess qualities you lack; failing to notice blessings.
<b>Core Longing</b>	“You are seen and loved for exactly who you are — special and unique.”
<b>Unconscious Childhood Message</b>	"It's not okay to be too functional or too happy."
<b>The Social Role</b>	The Special One - focused on how unlike others they are.
<b>Superego Message</b>	"You are good or ok if you are true to yourself."
<b>How They Manipulate Others</b>	By being temperamental — and making others “walk on egg shells”
<b>Spiritual Jump Starts</b>	Making negative comparisons
<b>Wakeup Call</b>	Holding on to an intensifying feelings through the imagination
<b>Higher Expression of Your Being</b>	To let go of the past and be renewed by your experiences.
<b>Harmonic Pattern</b>	Reactive Group - React strongly and need a response from others
<b>Strategy for Getting Needs Met</b>	Withdrawn - Withdraws for Attention Unconscious is always welling up through daydreams and fantasies.
<b>Direction of Disintegration</b>	Aloof Fours suddenly become over-involved and clinging at Two
<b>Direction of Integration</b>	Envious, emotionally turbulent Fours become more objective and principled, like healthy 1's.

## Type Five

<b>Basic Fear</b>	Fear of being useless, incapable, or incompetent; being annihilated, invaded, or not existing; having obligations placed upon you or your energy being completely depleted.
<b>Basic Desire</b>	The desire to be capable and competent (can deteriorate into useless specialization)
<b>Core Vice</b>	Avarice—Feeling that you lack inner resources and that too much interaction with others will lead to catastrophic depletion; withholding yourself from contact with the world; holding onto your resources and minimizing your needs.
<b>Core Longing</b>	“Your needs are not a problem.”
<b>Unconscious Childhood Message</b>	"It's not okay to be comfortable in the world."
<b>The Social Role</b>	The Expert: feeling more self-confident by carving out a niche for themselves
<b>Superego Message</b>	"You are good or okay if you have mastered something."
<b>How They Manipulate Others</b>	By staying preoccupied — and by detaching emotionally from others
<b>Spiritual Jump Starts</b>	Over interpreting your experience
<b>Wakeup Call</b>	Withdrawing from reality into concepts and mental worlds
<b>Higher Expression of Your Being</b>	To observe yourself and others without judgment or expectations.
<b>Harmonic Pattern</b>	Competency Group: Repressed feelings are channeled into activity
<b>Strategy for Getting Needs Met</b>	Withdrawn - Withdraws for Security - Unconscious is always welling up through daydreams and fantasies.
<b>Direction of Disintegration</b>	Detached Fives suddenly become hyperactive and scattered at Seven.
<b>Direction of Integration</b>	Avaricious, detached Fives become more self confident and decisive, like healthy Eights.

## Type Six

<b>Basic Fear</b>	Fear of being without support, security or guidance; fear of being blamed, targeted, alone, or physically abandoned; fearing fear itself.
<b>Basic Desire</b>	To have security, guidance, and support.
<b>Core Vice</b>	Fear (Anxiety) - constant state of apprehension and worry about possible future events. Scanning the horizon of life and trying to predict and prevent negative outcomes (especially worst-case scenarios).
<b>Core Longing</b>	“You are safe and secure.”
<b>Unconscious Childhood Message</b>	"It's not okay to trust yourself."
<b>The Social Role</b>	The Stalwart — “You can depend on me.”
<b>Superego Message</b>	"You are good or okay if you do what is expected of you."
<b>How They Manipulate Others</b>	By complaining — and by testing others’ commitment to them.
<b>Spiritual Jump Starts</b>	Becoming dependent on something outside yourself for support.
<b>Wakeup Call</b>	Becoming dependent on something outside the self for guidance.
<b>Higher Expression of Your Being</b>	To have faith in yourself and trust in the goodness of life.
<b>Harmonic Pattern</b>	Reactive Group - React strongly and need a response from others.
<b>Strategy for Getting Needs Met</b>	Compliant - Earns Security - Needs to Be of Service
<b>Direction of Disintegration</b>	Dutiful Sixes suddenly become competitive and arrogant at Three.
<b>Direction of Integration</b>	Fearful, pessimistic Sixes become more relaxed and optimistic, like healthy Nines.

## Type Seven

<b>Basic Fear</b>	The fear of being deprived, trapped in emotional pain, limited, or bored; missing out on something fun.
<b>Basic Desire</b>	The desire to be happy, fully satisfied, and content. (can deteriorate into frenetic escapism)
<b>Core Vice</b>	Gluttony—Feeling a great emptiness inside and having an insatiable desire to “fill yourself up” with experiences and stimulation in hopes of feeling completely satisfied and content.
<b>Core Longing</b>	“You will be taken care of.”
<b>Unconscious Childhood Message</b>	"It's not okay to depend on anyone for anything."
<b>The Social Role</b>	“The Energizer” - must pump energy and excitement into a situation.
<b>Superego Message</b>	"You are good or okay if you get what you need."
<b>How They Manipulate Others</b>	By distracting others — and by insisting that others meet their demands.
<b>Spiritual Jump Starts</b>	Anticipating what you're going to do next.
<b>Wakeup Call</b>	Feeling that something better is available somewhere else.
<b>Higher Expression of Your Being</b>	To joyously celebrate existence and share your happiness.
<b>Harmonic Pattern</b>	Positive Outlook Group: Deny that they have any problems.
<b>Strategy for Getting Needs Met</b>	Assertive - Demands Security - Responds to stress by building up or inflating their ego.
<b>Direction of Disintegration</b>	Scattered Sevens suddenly become perfectionistic and critical at One.
<b>Direction of Integration</b>	Gluttonous, scattered Sevens become more focused and profound, like healthy Fives.

## Type Eight

<b>Basic Fear</b>	Fear of being weak, powerless, harmed, or controlled, by others; fear of being vulnerable, manipulated, and left at the mercy of injustice.
<b>Basic Desire</b>	The desire to protect oneself and those in one’s inner circle.
<b>Core Vice</b>	Lust/Excess—Driven by a constant need for intensity, control, and power; pushing willfully on life and people in order to get what you desire.
<b>Core Longing</b>	“You will not be betrayed.” (“You will not be rejected.”)
<b>Unconscious Childhood Message</b>	"It's not okay to be vulnerable or to trust anyone."
<b>The Social Role</b>	The Rock -- "I'm tough. I'm the one everyone else has to depend on."
<b>Superego Message</b>	"You are good or okay if you are strong and in control of your situation."
<b>How They Manipulate Others</b>	By dominating others — and by demanding that others do as they say.
<b>Spiritual Jump Starts</b>	Trying to force or control your life.
<b>Wakeup Call</b>	Feeling that they must push and struggle to make things happen.
<b>Higher Expression of Your Being</b>	To stand up for yourself and speak out for what you believe.
<b>Harmonic Pattern</b>	Reactive Group - React strongly and need a response from others.
<b>Strategy for Getting Needs Met</b>	Assertive - Demands Autonomy - Responds to stress by building up or inflating their ego.
<b>Direction of Disintegration</b>	Self-confident Eights suddenly become secretive and fearful at Five.
<b>Direction of Integration</b>	Lustful, controlling Eights become more open-hearted and caring, like healthy Twos.



## Type Nine

<b>Basic Fear</b>	Being in conflict, tension, or discord; feeling shut out and overlooked; losing connection and relationship with others.
<b>Basic Desire</b>	Having inner stability and peace of mind.
<b>Core Vice</b>	Sloth - A desire to be unaffected by life; falling asleep to your passions, abilities, desires, needs, and worth by merging with others to keep peace and harmony.
<b>Core Longing</b>	"Your presence matters."
<b>Unconscious Childhood Message</b>	"It's not okay to assert yourself."
<b>The Social Role</b>	Nobody Special - modest and content to stay in the background, not cause any inconvenience.
<b>Superego Message</b>	"You are good or okay as long as those around you are good or okay."
<b>How They Manipulate Others</b>	By "checking out" — (passive-aggressively resisting others)
<b>Spiritual Jump Starts</b>	Resisting being affected by your experiences.
<b>Wakeup Call</b>	Outwardly accommodating themselves to others.
<b>An Invitation to Abundance</b>	To bring peace and healing into your world.
<b>Harmonic Pattern</b>	Positive Outlook Group: Deny that they have any problems.
<b>Strategy for Getting Needs Met</b>	Withdrawn - Withdraws for Autonomy. Unconscious is always welling up through daydreams and fantasies.
<b>Direction of Disintegration</b>	Complacent Nines suddenly become anxious and worried at Six.
<b>Direction of Integration</b>	Slothful, self-neglecting Nines become more self-developing and energetic, like healthy 3s.